

7th Annual
Bridgewater-Raritan
Basketball Camp

Camp Notes
July 20th – July 24th, 2015



BRHS Freshman Coach Phil Manuel
“Freshman Try-Out and High School
Caliber Drills”

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7th Annual Bridgewater- Raritan Basketball Camp “Camp Notes”

Monday, July 20, 2015

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

➤ **Welcome to Basketball Camp**

- Pay attention to detail: Personal responsibility and accountability are expectations at basketball camp
- The ability to listen attentively and focus on instruction is expected from all campers of all ages
- Listening Skills & eye contact
 - Anticipate what the coach will say. Guess what is coming next. Then listen intently to see if you were right.
 - Listen to what your coaches tell you & watch the demonstrations by the high school & college players. Be ready to try the drills when you get the chance.
 - Be alert & ready to do what you are asked. This way less time is wasted and you will have more time to play basketball.
 - If you listen & try new things, you have the opportunity to learn and grow as a player. The key to success however, is to work on your own when you leave camp. This is how you become a better basketball player.

Bridgewater-Raritan Freshman Coach: Phil Manuel

➤ **Today's Contest is 1 on 1**

- **The 1 on 1 contest helps us create even teams for fair and competitive games**
- **Offensive Teaching points**
 - Be in triple-threat position ready to drive or shoot. Use a shot fake or jab step to try and get the defense off balance or out of good position. As often as you can, drive the ball to the basket and get a close to the rim as possible.
 - Use your jab step to help get yourself an open shot
 - Jab step then drive to the basket –{JAB & GO}
 - Jab step to back your defender off then shoot your jump shot – {JAB & JUMPER}
 - Jab step then step across and go to the basket –{JAB & CROSS}

➤ **Bridgewater-Raritan Varsity Head Coach: Gene McAteer**

- **Defensive Teaching points**
 - Stay between the hoop and the player with the ball. Be down in an athletic stance with your feet more than shoulder width apart. You should be about an arms length away from the ball handler. Be ready to ‘step & slide’ as the offense dribbles in an attempt to cut off the dribbler and force her into a tough shot farther away from the basket. The final element on defense is to put a hand up on the shot, box out, & rebound the ball.

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Monday's Teaching Stations

Panther Shooting

Explanation of Panther Shooting Competitive game played at the end of camp every day and practice of the game. Two teams will shoot jump shots from the elbow until one team makes three. The player that shoots will get their own rebound and make a bounce pass back to the next person in line.

Form Shooting

Players will focus on proper form shooting. Players will be within a few feet of the basket for a shot. The elbow should be under the ball, with the ball slightly to the side of the players head so they can see the basket. Players guide hand will be on the side of the ball; not the top or bottom because it will negatively influence the shot. Players will snap their follow through and leave it there for a second or two to emphasize it. We are not focusing on whether the ball goes in or not at this station. Players need the proper form to continue to improve their shooting. The form shooting from a few feet in front of the basket should maintain constant as the player moves back.

Knockout

Campers play several knockout games for a chance to play in the camp-wide final knockout game at the end of each camp day. For campers who know how to play it is a station that gives them a small break from the fundamentals of the other stations. For new and young campers this station introduces them to a game that works on foul shots and lay-ups.

Lay-ups

This station works on proper foot work for a right and left handed lay-up. On the right side players are to shoot with their right hand. This means jumping off of their left foot and bringing their right knee up on the jump. On the left side players will jump off of their right foot and bring their left knee up while shooting with their left hand. It is important to jump off of the proper foot because that will allow your momentum to take you up towards the basket instead of out of the play. It is important to shoot with the left hand on the left side and right hand on the right side to protect your shot from potential shot blockers.

Stationary Ball Handling

Ball handling is one of the most important and difficult skills of the game to improve upon. It takes a lot of time and practice to continue to get better. Today we work on the basics of ball handling. The ball handler should be dribbling with their fingertips not their palms. This will allow them to control the ball better. The player should always have their head up. This will allow players to see up the court and advance the ball if the opportunity is there and allows them to see what the defense is doing. Players will practice right and left hand dribbling at a waist height, ankle height, and shoulder height. The players will then work on an in-and-out dribble with their right and left and a roll dribble with their right and left. The roll dribble is a back and forth dribble on the side of their body.

2 Line Passing

Players will work on passing and catching on the move. The players will slide to half court and back performing various passes. First both players will perform a chest pass and second trip bounce pass. The third trip the players will pass and catch with one hand with their lead hand. The last drill is with two basketballs, one player will throw a chest pass while the other throws a bounce pass. Once they get to half court they will switch, the player throwing a bounce pass will throw a chest pass and vice versa.

V-Cut Shooting

To set up to this drill you need two lines on each wing two balls in each line first player in one of the lines does not have a ball. The player without the ball will make a v-cut by going down to the block and plant on one foot and pop back up to the elbow. Once they are at the elbow they will receive a pass from the opposite elbow for a catch and shoot. The shooter gets their own rebound and switches lines passing the ball to the next player in the new line without a ball. The passer will then make a v-cut for a catch and shoot and the drill continues

Give and Go Lay-Ups

Players had two lines at each wing like in V-Cut Shooting. There will be two or three in one line. The line with other the ball will have the first player flash to the elbow with their hands ready to receive the pass. The player with the ball will pass to the flashing player and move towards them as if they were going to receive the ball back. That player will then plant their foot that is further from the basket and cut back door. The player with the ball will deliver a bounce pass for a lay-up. The drill was done on both sides so players worked on their right and left handed lay-ups.

½ Court Oak Hill Shooting

There are three lines at the baseline with one ball in each line, with the second player in line. The first player runs to half court and back with their hands up ready for a pass from the baseline for a catch and shoot. One shot from the foul line and the other two shots come from the wing. After the pass is made the passer will run to half court and repeat the drill.

Fade Drill

One player will set a screen while the other will dribble off of the screen with the ball. The screener will fade to the wing instead of rolling to the basket. The ball handler will jump stop and pass to the screener who faded to the corner for a catch and shoot. The ball handler will become the screener, the next person in line the ball handler, and the screener/shooter goes to the back of the line.

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

- Ways to improve chances of getting the ball
 - V-Cut – take player away from the spot that you are looking to receive the ball, cut back to the ball at an angle to seal the defender off to allow yourself more space to catch the pass
 - Backdoor cut – Go towards the ball as if you were looking to receive a pass when the defense over pursues cut behind him to the basket looking for the pass
 - Offensive rebound – identify where the shot is going to be missed; right, left, short, long, get into good position and you can box out on offense to get the offensive rebound
 - Defense – get yourself the ball while playing defense either through a steal or defensive rebound
 - High Post Flash – Rather than standing on the opposite side of the floor waiting for the ball to come to you, CUT HARD to the high post (foul line area) with your hands ready to catch the pass. Showing your hands is a good quality for offensive players. Against strong defenses, you have to be willing to be physical. Instead of a straight line cut, make contact with the defense using your forearm to seal them off and give a target with your free hand. When the ball is in the air go meet the pass do not wait for the ball to get to you.

Coach Manuel's Freshman Drill of the Day: V-Cut Shooting Series

- The set up to the series is two lines on each elbow two balls in each line first player in one of the lines does not have a ball
 - The player without the ball will make a v-cut by going down to the block and plant on one foot and pop back up to the elbow
 - Once they are at the elbow they will receive a pass from the opposite elbow for a catch and shoot
 - The shooter gets their own rebound and switches lines passing the ball to the next player in the new line without a ball
 - The passer will then make a v-cut for a catch and shoot and the drill continues
 - The series continues with a catch, pump fake, one dribble pull up jump shot series
 - After the pump fake players will move back and shoot three pointers
 - After three pointers the player will catch and perform a rip through move and get to the basket
 - A rip through is the player swinging the ball from one side of their body to the other while keeping the ball under their knees to protect the ball from the defender
 - Have players make a certain amount of shots from each spot before moving to the next spot in the series

Tuesday, July 15, 2015

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

➤ **Star Passing Drill**

- Player 1 starts with ball at the right block. Player 2 is at the three point line between the wing and top of the key, Player 3 is in the corner opposite player 2, Player 4 is in opposite corner as player 3, Player 5 is in a similar position as player 2 on other wing. There will be a line under the basket behind player one. Player 1 passes to player 2 then follows their pass to the right. Player 2 passes to player 3 then follows their pass to the right. Player 3 passes to player 4 and follows to the right. Player 5 cuts the basket as player 4 throws a bounce pass for a lay-up. Players must meet the pass not just stand and wait for it. After the lay-up is made or missed the next player gets the ball before it hits the ground and starts immediately.

➤ **3 Line Passing**

- 3 line passing drill in which the players line up one in the middle of the key and the other two on the wings. The player in the middle will pass back and forth to the wing alternating back and forth.

➤ **3 Man Weave**

- The drill starts with three lines on both baselines, one directly in the center of the court, and the other two on the wings. Run the 3 Man Weave with the players passing the ball to the wing and replacing the wing player by running behind them as the wing player passes across court to the opposite wing and follows their pass. The player who receives the ball at the foul line area will jump stop and throw a bounce pass to the cutting player for a lay-up. The player who threw the pass and the third player will receive a pass from the next players on the wings on the baseline for a jump shot. They will get their own rebound and pass to the next players on the baseline.

➤ **5 Man Weave with 4 Trips**

- One player is centered on the baseline, a player on both wings, and a player in each corner. The ball starts at the top and the passes to one of the closer wing players and follows his pass but instead of like a 3 man weave and replacing behind the player he/she passes to they will replace behind both players on that side of the court. The player who receives the first pass then passes to the opposite interior wing player and follows their pass behind both players. The players in the corners are the next to receive passes and as the first two passes are thrown they begin to move towards the center of the court to cut down the distance of the pass. Once the players in the corners receive the pass and make the respected pass they will follow their pass as well and replace behind both players on the opposite side of the court.
- Once the players go down one end of the court, the passer who makes the bounce pass will be back on defense and the shooter and rebounder will perform a 2 on 1 down the court. Players will get one shot in the 2 on 1. The other two players stay on the end of the court where the 5 man weave ended.

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- The three players involved in the 2 on 1 will then attack the remaining two players from the 5 man weave going in the other direction of the court. The 3 on 2 will last for 1 shot and then the five players will attack the other end of the court.
- One player will rebound and outlet to a teammate. A third player will run to the ball side wing to receive a pass. The fourth player will sprint to the block to post up. Once the wing player receives the pass they will throw a bounce pass into the post for a shot. The fifth player will run the court and get the rebound if the shooter misses.

➤ **Tuesday Morning's Contest is Mikan Drill**

- The Mikan Drill is named after NBA great – George Mikan who was a Hall of Fame pro player in the 1940's & 1950's. George excelled at left hand & right hand baby hook shots around the basket.
- The modern version of the Mikan Drill features continuous righty & lefty lay-ups.
- Players must quickly move and get a good angle so that they may bank the ball in high & soft off the square.
- Make or miss, players rebound the shot and step through to the other side.
- Again, get a good angle so that you are not attempting a shot from directly under the rim.
- In the contest, players strive to score as many lay-ups as possible in a 30 second

Coach Manuel's Freshman Drill of the Day: Three Man Weave into Jump Shots

- Three lines under each basketball, one under the basket, the other two by the three point line
- The starting side there will be one ball in the middle line in the first players hands and a ball in each of the side lines in the second players hands
- On the opposite end the two players on the outside lines have a ball
- The first side players will run a three man weave, after the pass they will run behind the player they passed to
- When they get to the opposite foul line area the player with the ball will make a bounce pass and the wing will go in for a lay-up
- The passer will get a pass from the baseline for a jump shot, the player not passing or shooting the lay-up will still follow their pass and get a pass from the baseline for a jump shot
- The player in the line under the basket will get the ball out of the net and start back the other way with the two passers from the baseline
- The drill continues, players need to focus on catching and passing without traveling

➤ **Tuesday Morning's Contest is Swish Drill**

- Campers get 10 foul shots to see how many they can make by only swishing the shot
- If the ball hits the rim or backboard it does not count

Wednesday, July 16, 2015

Wednesday's Teaching Stations

Rebound catch quick off feet

- Again works on players quickness off the floor and explosiveness
- Players need to be able to rebound the ball and quickly spring back up to lay it in as to give the defense less time to recover

Star passing Drill

- Player 1 starts with ball at the right block
- Player 2 is at the three point line between the wing and top of the key
- Player 3 is in the corner opposite player 2
- Player 4 is in opposite corner as player 3
- Player 5 is in a similar position as player 2 on other wing
- Line under the basket behind player one
- Player 1 passes to player 2 then follows their pass to the right
- Player 2 passes to player 3 then follows their pass to the right
- Player 3 passes to player 4 and follows to the right
- Player 5 cuts the basket as player four throws a bounce pass for a lay-up
- Players must meet the pass not just stand and wait for it
- After the lay-up is made or missed the next player gets the ball before it hits the ground and starts immediately

2 ball stationary dribbling

- Similar to 1 ball except working on both hands at once
- Added to the drill is alternating dribbles where one ball hits the floor while the other is up
- Players need to work on keeping their head up to see the floor
- It is much easier for some to keep their head up with one ball, but even practicing with two the head must be up to see the floor

V-Cut Shooting

- To set up to this drill you need two lines on each wing two balls in each line first player in one of the lines does not have a ball
- The player without the ball will make a v-cut by going down to the block and plant on one foot and pop back up to the elbow
- Once they are at the elbow they will receive a pass from the opposite elbow for a catch, pump fake, one dribble and a shot
- The shooter gets their own rebound and switches lines passing the ball to the next player in the new line without a ball
- The passer will then make a v-cut for a catch and shoot and the drill continues

3 Line Passing to 2 on 1

- 3 line passing drill in which the players line up one in the middle of the key and the other two on the wings
- The player in the middle will pass back and forth to the wing alternating back and forth
- Once the players reach half court the two outside players will have a two on one opportunity against the player that was in the middle

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- The offensive will have one shot and one offensive rebounding opportunity to score

3 Man Weave to 2 on 1 (half court)

- 3 line passing drill in which the players line up one in the middle of the key and the other two on the wings
- The player in the middle will pass to one of the wings and follow their pass behind the receiving player
- The player that received the pass will pass to the other wing and follow their pass behind
- Once they reach half court the player in the middle will put the ball on the floor and the two wings will have a two on one opportunity going back
- The offensive will have one shot and one offensive rebounding opportunity to score

Knockout

- Campers play several knockout games for a chance to play in the camp wide final knockout game at the end of each camp day
- For campers who know how to play it is a station that gives them a small break from the fundamentals of the other stations
- For new and young campers this station introduces them to a game that works on foul shots and lay-ups.

Panther Shooting from the Wing

- Two teams will shoot jump shots from the wing until one team makes a set amount
- The player that shoots will get their own rebound and make a bounce pass back to the next person in line
- To make it competitive in stations the losing team will do push ups
- After the first game the two teams will change sides of the court

Three Man Weave into Jump Shots

- Drill seen above in Coach Manuel's Tuesday Afternoon Lecture

Give and Go Lay-ups from half court

- Two lines will start at half court one line with three basketballs the other with none
- The player in the front of the line with no basketballs will run in to the three point line and receive a pass from the line with the basketballs
- The player making the pass will sprint in for a lay-up and receive a pass leading them into the lay-up from the opposite line
- We want the pass to lead them in so no dribbles are required before the lay-up
- The passer will follow their pass along the baseline to the corner opposite to where they started
- The shooter will get their rebound, throw an outlet pass to the corner and the corner player will make a pass to half court to the line with the basketballs
- The players will switch lines after, after doing right handed lay-ups move the basketballs to the left side of the court and continue the drill.

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➤ **Wednesday Morning's Contest is X - Out**

- This contest improves a player's pivoting, ability to push the ball out, and finishing at the rim with a lay-up
- The player will start on one of the two elbows
- The player has 45 seconds to make as many lay-ups as possible, make or miss they will gather their rebound and dribble to the opposite elbow then pivot and go back to the basket to attempt another lay-up

Coach Manuel's Freshman Drill of the Day: 3 on 2, 2 on 1

➤ **Offense**

- Three lines will be under the one basket while two players will be in a tandem defense on the opposite end of the court
- The first player in each line will step out on the court, the player in the middle will have a basketball and throw it off the backboard to simulate a missed shot they will jump grab the rebound with two hands
- Depending what side they toss it up on that wing player will yell outlet and come meet the outlet pass from the rebounder
- The player receiving the pass will take the ball on the dribble to the middle of the court going forward
- The rebounder will follow their pass running behind the ball handler
- The third player will run up the wing
- The key for the offensive players is staying level and keeping good spacing
- They will attack the two players on defense and look to score quickly, this is a fast break drill so in a game defenders will be falling back
- The ball handler wants to go until they are stopped by a defender if they can get to the basket get there and finish
- If they are stopped they should pass to a wing then follow their pass to that elbow for a possible return pass for a jump shot
- The passer of the ball that leads to the shot will be back on defense for the 2 on 1

➤ **Defense**

- The top defender needs to stop the ball handler
- The bottom defender in the tandem will play the first pass
- If a pass is made the top player will drop to the opposite block to defend the basket
- The defense rather give up a jump shot than a lay-up
- If there is a pass the defense continues to rotate, one plays the ball the other will take away the most dangerous option out of the other two players
- If there is a miss the defense will box out and grab the rebound then they will go attack the other way on offense for the 2 on 1

➤ **2 on 1 Offense**

- Same principals as the 3 on 2 apply to a 2 on 1
- Players want to maintain good spacing so one defender cannot guard both
- Staying level is also important so the defender cannot just sit under the rim and wait for the ball handler
- Players want to move the ball quickly and try to score

➤ **2 on 1 Defense**

- The defensive player needs to stop the ball and try to get a hand on the pass
- Once they have the ball handler pick up their dribble they want to fall back to the other player taking away an easy basket
- Again if the offense takes a long range jump shot that is a successful defensive stand because you do not want to give up a lay-up even when it is a 2 on 1

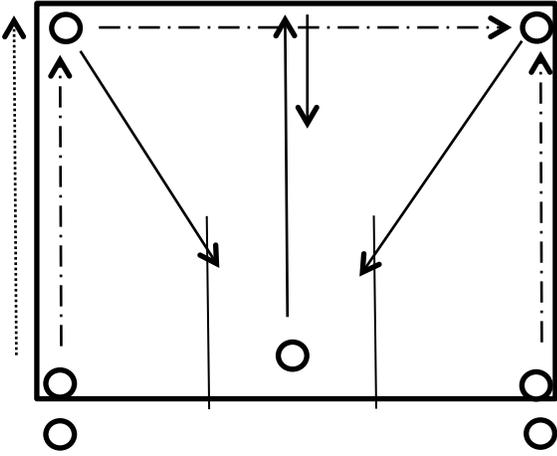
Coach Manuel's Freshman Drill of the Day: 11 Man Fast Break Drill

- Full Court Drill
 - Start with 4 defenders 2 in the paint on each side
 - 3 players at half court with a ball facing same basket
 - 1 line at each elbow extended on the sideline
 - Players then attack one side for a 3 on 2 fast break
 - As the shot goes up all players scramble for the ball
 - Once a player has the ball they outlet it to the line on the sideline closest to the side they are on
 - Player on the sideline must call for the ball then attack the middle of the floor with the dribble
 - Rebounder/Passer then fills in the lane going behind the player that just received the outlet pass
 - The two players that were on offense that didn't get the rebound are now on defense and the defensive players go to the outlet line
 - Drill is executed going both ways continuously
- **Wednesday Afternoon's Contest is Foul Shooting**
- Campers get ten foul shots to see how many they can make
 - Each camper will shoot two shots and then rotate to simulate the two shots you'd get in a game more times than not
 - Foul shooting is an overlooked aspect of the game that has more times than many realize won or lost a game for a team
 - The top campers will compete in Friday's Foul Shooting Championship

Thursday, July 17, 2015

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

Half Court Friar Drill



The diagram illustrates the Half Court Friar Drill on a basketball court. It shows a half-court layout with a dashed line representing the three-point arc. A ball is shown in the center of the half court. Arrows indicate the flow of the drill: a ball starts at the center, moves to the top-left corner, then to the top-right corner, then to the center, then to the bottom-right corner, and finally to the bottom-left corner. A vertical arrow on the left side indicates a player's movement from the bottom-left corner to the top-left corner. A vertical arrow on the right side indicates a player's movement from the bottom-right corner to the top-right corner. A vertical arrow in the center indicates a player's movement from the center to the top-center. A vertical arrow in the center indicates a player's movement from the center to the bottom-center. A vertical arrow on the left side indicates a player's movement from the top-left corner to the bottom-left corner. A vertical arrow on the right side indicates a player's movement from the top-right corner to the bottom-right corner. A vertical arrow in the center indicates a player's movement from the top-center to the bottom-center. A vertical arrow in the center indicates a player's movement from the bottom-center to the top-center.

- The Friar Drill starts with a regular two on one fast break from half court. The shooter then runs to half court, they will be the defender in the next two vs. one.
- The player that gets the rebound outlets the ball to a corner.
- The player in the corner will throw a pass to half court and both corners will run to half court.
- The player who receives the pass at half court throws a cross court pass to the other player to start the next two on one.
- The defensive player can jump the pass so the offensive players must be aware of what the defense is doing and not throw a weak pass or a pass without looking.

The Friar Drill was originally taught by Coach Hurley from St. Anthony's

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

Ball Handling Moves on the Move – Mirror Ball Handling

- Campers will line up on opposite sidelines facing each other with two players on each side of the court
- The first camper in each line will start with a basketball
- Campers will work on dribble moves and keeping their heads up while dribbling
- The campers will dribble at one another and perform the same dribble move half way across the court
- Doing the same move and having the basketball start in the same hand will allow campers to avoid each other
- The moves players will work on are:
 - Crossover
 - In and Out
 - Behind the back
 - Between the legs
 - Spin move
 - Hesitation dribble
 - Back dribble
 - Double moves

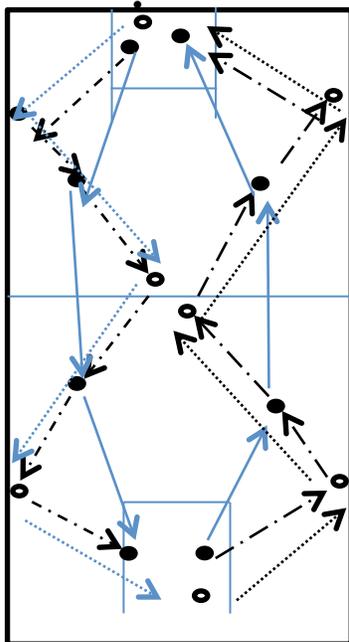
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➤ **Thursday Morning's Contest is Hot Shot**

- In hot shot, players have 30 or 45 seconds to make as many shots as possible from different locations on the floor
 - Each location is worth a different value
 - Block shot is worth 1, Free Throw is worth 3, and a Three Pointer is worth 5
 - Players can not shoot a shot from the same point valued spot more than two times in a row

Coach Manuel's Freshman Drill of the Day: Sam Jones Drill

Sam Jones Lay Ups



- Dashed lines are passes; solid lines are the path the player runs.
- Dotted lines are following the pass and replacing first passer.
- The red dot is the player with the ball who will shoot the lay-up at the end of the drill.
- The player passes to the first player near the sideline, the second player in line will follow that pass to the first wing position.
- The wing player will pass it back to the original passer while they are running down the floor.
- The original passer will catch the pass turn and make a pass to the player at half court; the sideline wing passer will then run to replace the next passer at half court.
- The original passer will continue to run the floor, catch a pass from half court, and throw another pass to the opposite sideline wing player. After the center court player makes the pass back they will fill in the wing players spot.
- The final wing player catches the pass and then delivers a bounce pass to the original passer as they go in for a lay-up; the last passer will follow their pass and get the rebound and start the drill on the other side of the court. The shooter is now the first replacement passer.
- The drill should be going on simultaneously on both sides of the court.

Coach Manuel's Freshman Drill of the Day: 2 on 1, 3 on 2, 4 on 3, 5 on 4, 5 on 5, Transitional Fastbreak Drill

- This drill is a series of 2 on 1, 3 on 2, 4 on 3, 5 on 4, and 5 on 5 fast break drills situations.
- The set-up has three players on the court one shooting a foul shot and the other two in rebounding position on the block as in a real free throw.
- On the same side of the court there will be three players out of bounds, two in one corner and one in the other corner waiting to join the drill later.
- On the opposite end of the court there will also be two players in each corner.
- The drill begins with a foul shot if the player makes it, the two rebounders will pass the ball in from out of bounds. If the player misses the foul shot the drill starts with the rebound.

- The two rebounders get the ball and run a two on one fast break with the player shooting the free throw getting back on defense.
- Once there is a defensive stop or a made basket the original free throw shooter and the first two players in the corners now convert to offense running a three vs. two fast break.
- The drill continues under the same rules following the normal flow of a game. The three players that were on offense are now on defense and the next players in the corners will step in and those two as well as the two defenders will now run a four on three fast break going back the other way.
- After the four on three fast break ends, the last two players on the far side of the court (from the beginning of the drill) now step on and play offense with the three defenders joining them on offense and the previous four offensive players being on defense. This creates a five on four break situation.
- After a stop or score the last man enters the drill to make it a five on five game, you can give each team one chance five on five or let the drill continue however long the coach wants.
- The Tiger Fast Break drill is an excellent choice to give players practice the fast break under changing situations.
- **Thursday Afternoon's Contest is Partner Hot Shot**
 - In hot shot, players have one minute to make as many shots as possible from different locations on the floor, we will implement this contest with partners to work on communicate between teammates
 - Each location is worth a different value
 - Block shot is worth 2, Free Throw is worth 3, Wing shot is worth 4, and a Three Pointer is worth 5
 - Teammates can't shoot the same shot and must get their own rebound
 - Must relocate
 - Teammates should talk to each other to indicate what spot they have relocated to

Friday, July 18, 2015

- **Winning, Losing, sportsmanship, and character...**
 - Enthusiasm is a great thing; however, make sure that it is in a positive manner. Winning and losing is something that applies to all players of all skill levels because no matter how good you are, eventually you are going to lose at something.
 - How you behave after a win or loss reveals a lot about your character. You should strive to win and lose with class and style; because how you act reveals a lot about who you are as a person.
 - Friday's camp schedule features contest finals in a variety of competitions. Many campers will have the opportunity to win, but only one player in each age group can prevail. Campers are encouraged to give their best effort to try to win. Remember it is the effort that counts and the attitude you display reveals the character you possess.

High School Contest Results

First Name	Last Name	1 on 1	Mikan (3x)	Swish(30)	x - Out (2x)	Foul Shots (10)
Nish	Brahmbhatt	0	11	9	4	5
Manas	Gumedelli	12	15	11	11	3
Andrew	Khait	0	3	1	0	0
Rohit	Mudduluru	1	3	4	3	1
Alex	Walker	0	4	3	1	1
Miles	Williamson	3	18	6	5	5
Sean	Brady	6	14	5	5	5
Andrew	Czahor	13	22	12	10	0
Brayden	Fox	13	24	4	5	3
Neil	Jaiswal	12	28	11	9	4
Theo	Levitt	0	5	2	4	2
Logan	Spacek	1	10	4	4	0
Gregory	Young	0	8	7	5	1
Daniel	Canuel	0	18	4	4	1
Ben	Cousineau	11	21	10	11	4
Leah	Manuel	18	30	2	12	3
Kevin	Wang	27	34	10	13	8

College Contest Results

First Name	Last Name	1 on 1	Mikan (3x)	Swish (10)	x - Out (2x)	Foul Shots (10)	Hot Shot
Clay	Kellam	4	23	9	13	9	29
John	Magner	9	35	7	16	5	31
Sean	Puthenchira	2	0	0	9	2	22
Joseph	Cinque	11	42	6	17	7	39
Maxx	Cohen	22	36	5	18	10	36
Sean	Givens	16	35	5	0	0	34
Eric	He	15	33	8	18	6	27
Jeremy	Hu	0	0	1	0	0	0
Kevin	Li	0	6	0	2	2	0
STANLEY	LIU	0	36	0	5	6	34
WESLEY	LIU	1	45	7	11	5	25
Tri-an	Nguyen	4	25	6	0	4	21
Nick	Peterpaul	2	36	7	5	3	24
Siddhesh	Raorane	0	25	1	4	0	0
Eric	Rydberg	4	31	6	12	4	0
Ashwin	Sakthivel	0	33	0	13	0	24
Nicholas	Thomas	3	30	8	6	0	0
Nicholas	Turchi	2	27	3	10	6	0
AJ	Warzeniak	0	33	4	16	3	25
Vibhav	Dwibhashyam	3	3	3	3	0	2
Aaron	Fan	1	28	0	11	0	21
Ryan	Harper	6	40	8	17	3	0
Luke	Laughlin	10	41	10	15	5	31
Alexander	Li	11	46	7	16	4	37
Aarav	Mathur	1	35	6	11	2	20
Jomar	Perez	4	18	6	11	4	0
Siddhant	Sharma	6	17	6	3	5	0
Alexander	Song	14	47	8	19	9	40
Matt	Warzeniak	0	56	6	17	4	31
Gregory	Zimmerman	3	48	10	18	5	26
NICHOLAS	KAHLAU	0	28	3	10	3	24
Jun Soo	Kim	0	32	2	7	0	6
Joshua	Lavroff	8	27	9	13	3	13
Nicholas	Oliveira	4	46	0	11	5	25
Simar	Shah	3	34	6	13	2	31
Brandon	Szeto	19	26	0	15	7	30
Roshun	Tiwari	17	41	8	17	4	23

Daniel	Villegas	0	10	0	4	0	0
Rishabh	Shetty	0	36	2	14	7	45
Caleb	Kim	0	47	8	14	4	0
Justin	Nguyen	0	29	1	0	0	0
Justin	Rondinone	0	0	0	10	6	18
Vishnu	Bindiganvile	0	29	8	17	5	28
Tarun	Kandra	N/A	N/A	N/A	N/A	N/A	17

Pro Contest Results

First Name	Last Name	1 on 1	Mikan	Swish (10)	x - Out (2x)	Foul Shots (10)	Hot Shot
Kishan	Patel	5	0	6	0	0	56
Mac	McAteer	6	0	0	0	5	51
Sam	Cohen	20	34	6	19	7	49
PATRICK	JIAO	7	18	8	17	6	48
Zach	Letts	11	42	6	18	8	48
Devin	Ciarlante	0	29	1	18	2	42
Ryan	Luis	7	27	8	17	9	41
Raj	Vulich	4	27	4	14	6	41
Jonathan	Huang	0	17	6	18	9	41
Brian	Michaels	0	0	0	19	3	41
Anthony	Brady	15	42	9	19	8	41
Nick	Gwiazdowski	1	22	10	16	5	40
Rishi	Mudduluru	16	34	6	17	6	38
Abir	Sun	5	11	6	16	5	38
Thomas	Neubauer	0	19	6	4	7	37
Rhamad	Bonney	7	25	8	14	6	35
Alec	Whelan	11	40	9	18	8	33
Zachary	Atanasov	0	22	8	13	8	32
Ethan	Fought	2	31	7	17	8	31
Michael	Maciolek	3	27	7	16	8	30
Justin	Nguyen	0	27	10	18	6	30
Spence	Wilkinson	1	25	2	15	5	29
Jack	Lehberger	0	29	7	16	4	28
JASON	ZHOU	0	18	9	12	10	27
Colin	Robinson	1	0	0	18	5	26
CHARLIE	SUN	0	29	7	13	4	25
Jack	Wright	0	0	0	17	5	24
Alec	Oliveira	6	25	8	16	7	22
Vinnie	Lastella	0	25	10	14	5	19
Christopher	Hu	4	37	7	16	8	18
Jordan	Beauchene	0	27	5	13	7	15
John	Sibiga	25	29	7	15	4	8
Mahmood	Abdelkader	4	24	7	0	0	0
David	Castro	1	21	7	13	0	0
Peter	Dellavolpe	5	19	1	10	6	0

Michael	Bernstien	0	0	0	0	0	0
Jeff	Bolka	0	22	7	16	7	0
Jake	DeVries	0	30	8	22	5	0
Evan	Harper	22	40	7	16	8	0
Allen	Zhou	0	26	2	16	9	0
Andrew	Castellon	0	0	8	0	7	0